

Milwaukee County Senior Dining

ELKS LODGE
5555 W GOOD HOPE ROAD

JULY 2016



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SENIORS: \$2.50

Suggested Contribution

11:30

LUNCH

**RESERVATIONS
REQUIRED
PLEASE CALL
760-3195**

Wear Red-White-Blue

I A. Cheeseburger
B. Grilled Brat Patty
Whole Wheat Bun
Ketchup & Mustard
Onions & Pickles
Baked Beans
American Potato Salad
Watermelon

GUEST FEE: \$7.00



4

Meatloaf/Onion Gravy
Mashed Potatoes
Stewed Tomatoes w/
Green Pepper & Onion
Whole Wheat Bread
Baker's Choice Cookie
♥ Fresh Fruit

5

Chicken Stroganoff
Buttered Noodles
w/Parsley
California Veggie Blend
Carrot Raisin Salad
Dinner Roll
Mandarin Oranges

6

Roast Beef/Gravy
Au Gratin Potatoes
Broccoli
Mixed Garden Salad
Tomato, Cucumber, Dressing
7-Grain Bread
Fresh Peach

7

Honey-Glazed Ham
Mashed Sweet Potatoes
Sugar Snap Beans
Marble Rye Bread
Fruit Fluff
♥ Pineapple Tidbits

8

Italian Meatsauce
Penne Pasta/Red Sauce
Italian Vegetables
Parmesan Cheese
Warm Garlic Breadstick
Pineapple Juice
Ice Cream
♥ Fresh Orange

11

Brunch for lunch
Denver Omelet
Cheese Sauce
2 Sausage Links
Hash Brown Potatoes
Melon Wedges
Cinnamon Streusel
Coffee Cake

12

Sweet & Sour Pork
Seasoned Brown Rice
Maui Vegetable Blend
Spring Mix/Dressing
Cherry Tomato & Cucumber
Hawaiian Roll
Fresh Strawberries

13

Coq Au Vin
(Chicken in Wine Sauce)
Wild Rice Blend
Chateau Vegetables
Grape Juice
Mini Croissant
Boston Cream Pie
♥ Fresh Pear

Bastille Days

14

Salisbury Steak
Double Baked
Potato Casserole
Sunshine Carrots
Sesame Seed Vienna Roll
Carrot Cake Bar
♥ Fresh Plum

15

Cranberry Meatballs
Potatoes
Roasted & Diced
Oriental Vegetable Blend
7-Grain Bread
Snickerdoodle Cookie
♥ Tropical Fruit Cup

18

Trio Plate
Egg Salad, Pasta Salad
& Cottage Cheese
Over Lettuce
Celery & Carrot Sticks
w/Ranch Dressing
Fresh Fruit Cup
Blueberry Muffin

19

Broasted Chicken
Red ¼ Potatoes
Wisconsin Veggie Blend
Corn Muffin
Banana Cream Pudding
w/Fresh Bananas

20

A. Pan-Fried Liver
B. Pub Burger
Fried Onions
Mashed Potatoes
Brussels Sprouts
Wheat Grain Hamb Bun
Ketchup & Mustard
Mandarin Oranges

21

Festa Italiana
Meat Lasagna
Italian Green Beans
Romaine Salad
Creamy Italian Dressing
Garlic Bread
Rainbow Sherbet
♥ Grapes

22

Christmas in July
Roasted Turkey
Poultry Gravy
Stuffing
Garlic Mashed Potatoes
California Veggies
Cherry Pie
♥ Canned Cherries

25

NUTRITION COUNCIL MEETING

Beef Tips/Mushrooms
Buttered Noodles
Prince Charles
Vegetables
Dinner Roll
Orange Juice
Fresh Nectarine

26

Italian Sausage
Sautéed Onion/Peppers
Bowtie Pasta
Marinara Sauce
Brat Bun
Italian Salad Greens
Italian Dressing
Watermelon

27

Creamy Broccoli Soup
Chicken Salad
Leaf Lettuce Bed
Pickle Spear, Tomato Slices
Kaiser Roll
Sun Chips
P.B. Rice Krispie Bar
♥ Watermelon

28

German Fest
Roast Pork Loin/Gravy
Parsley-Buttered
Quartered Potatoes
Sweet-Sour Red Cabbage
Marble Rye Bread
German Chocolate Cake
♥ Fresh Plum

29